2024 SUMMER BOWLING LEAGUE SCHEDULE

SUMMER BOWLING LEAGUES START AFTER MAY 27, 2024

MIXED LEAGUE	S				
DAY	TIME	BOWLERS PER TEAM	LEAGUE NAME	BOWLERS WELCOME/DETAILS	
Tuesday	7:00 PM	2	Summer Doubles	Team/Couples/Individuals	
Wednesday	7:00 PM	4	Wednesday Summer Mixed	Team/Couples/Individuals	
Thursday	8:30 PM	4	Summer Splitz Mixed	Pizza & Beer Every Week Perfect for Beginners	
MEN'S LEAGUE	S ———				
DAY	TIME	BOWLERS PER TEAM	LEAGUE NAME	BOWLERS WELCOME/DETAILS	
Monday	8:00 PM	3	Scratch Trio *NEW NIGHT!	Team/Individuals	
Tuesday	8:00 PM	3	Tuesday Knights	Team/Individuals	
Tuesday	9:30 PM	2 N	/like Massaroli Memorial Doubles	s Team/Individuals	
Thursday	7:00 PM	4	Summer Men *NEW NIGHT!	Team/Individuals	
LADIES LEAGUE	:S				
DAY	TIME	BOWLERS PER TEAM	LEAGUE NAME	BOWLERS WELCOME/DETAILS	
Tuesday	7:00 PM	4	Summer Girls	Team/Individuals	
LADIES DAYTIME LEAGUES					
DAY	TIME	BOWLERS PER TEAM	LEAGUE NAME	BOWLERS WELCOME/DETAILS	
Wednesday	10:00 AM	3	Summer Early Birds	Team/Individuals	
SENIOR LEAGUES					
DAY	TIME	BOWLERS PER TEAM	LEAGUE NAME	BOWLERS WELCOME/DETAILS	
Monday	10:00 AM	4	Golden Oldies 55	5 & Over • Couples/Individuals	
Tuesday & Thursday	10:00 AM		Senior Men's Club	Come Down & Join Us!	
FAMILY LEAGUE	S				
DAY	TIME	BOWLERS PER TEAM	LEAGUE NAME	BOWLERS WELCOME/DETAILS	
Thursday	6:30 PM	4	Family Night Out Frien	ds+Family+Bowling = Thumbs L	
Sunday	5:00 PM	2	Have-A-Ball Adult/Child	Everyone gets a Bowling Ball!	
			N/ 10005	SIGN-UP	



TODAY!

bowlatrabs.com

I WOULD LIKE TO JOIN A BOWLING LEAGUE THIS SUMMER AT RAB'S!

By completing this form you are showing interest in joining a summer bowling league at Rab's Country Lanes. If you have any questions or concerns, please do not hesitate to contact: Nazareth Laursen, (718) 979-1600, leagues@bowlatrabs.com

Complete this form or sign-up online, bowlatrabs.com today!

Name	Average					
Address						
City	State Zip					
Phone # Email						
	# of people interested in joining I have a full team					
Monday Friday	Morning (9:00 AM)					
Tuesday Saturday	Afternoon (12:00 PM)					
Wednesday Sunday	Early Evening (6:30 PM)					
Thursday	Late Evening (9:30 PM)					
Type of League Men Women Mixed Family Beginner Youth						
I am interested in a specific league:						
The last time I bowled in a league: Never Last Season 2-5 Years ago 5+ Years ago If you bowled in a league last season, what league(s) did you bowl in?						
Teammates:						
Name & # Name & #						
Name & #	Name & #					