










ASSORTED SANDWICH PLATTERS

Items may be prepared as a  Sandwich  Wrap or  Panini

-    • **THE SOUTHWESTERN**
Southwestern Grilled Chicken Sandwich Topped with Avocado, Bacon, Pepper Jack Cheese, Pico de Gallo, and Chipotle Mayo
-    • **THE BENNY**
Boardwalk Sausage and Peppers Topped with Caramelized Onions and House-made Marinara Sauce
-    • **THE MIDLAND**
Philly Cheese Steak served on Hero Bread with Provolone Cheese, Sautéed Onions, and Mushrooms
-    • **THE FIRE BIRD**
Buffalo Chicken Cheese Steak Served on a Hoagie Roll Topped with Sautéed Onions and Peppers with Blue Cheese Dressing
-   • **THE VERRAZZANO**
Double Decker B.L.T. Served with Garlic Mayo
-   • **THE FERRYHAWK**
Oven Roasted Carved Turkey with Lettuce, Tomato, Avocado and Served with a Chipotle Mayo
-    • **ITALIAN ISLANDER**
Chicken (Grilled or Cutlet), Fresh Mozzarella & Roasted Peppers
-   • **HAIL, CAESAR!**
Chicken (Grilled or Cutlet), Romaine Lettuce, Parmesan Cheese, & House-made Caesar Dressing
-   • **NY DELI**
Cold Cut Sandwich – Turkey or Ham with Choice of Cheese Served with Lettuce and Tomato
-    • **VEGGIE**
Mixed Fresh Grilled Vegetables
-   • **TOTALLY TUNA**
Tuna Salad with Lettuce and Tomato



Includes choice of one salad:
Macaroni Salad, Potato Salad, Cole Slaw, or Tossed Salad

WRAPS: Small (36 pieces) | Large (48 pieces)
PANINIS & SANDWICHES: Small (18 pieces) | Large (24 pieces)
Small: \$50 • Large: \$90

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-    • **THE MANHATTAN**
Hot Pastrami on Rye with Melted Swiss Cheese and Sauerkraut and Rab's Special Sauce
-    • **THE YANKEE**
Oven Roasted Roast Beef with Melted Mozzarella and Topped with a Mushroom Marsala Sauce
-   • **SOUTHERN Y'ALL**
BBQ Pulled Pork Served on a Kaiser Roll with Bread & Butter Pickle Chips and Southern House-made Coleslaw




BEVERAGES

We proudly serve the following Pepsi products:



Pepsi · Diet Pepsi · Brisk Raspberry Iced Tea · Dr. Pepper
Ginger Ale · Hawaiian Punch · Mug Root Beer · Orange Crush
Tropicana Lemonade · Starry · Apple Juice

 **Pitcher \$9**
Unlimited Soda **\$30** per party, up to 20 adults
\$50 per party, 21+ adults*

SWEETS

- Fresh Baked Chocolate Chip Cookies**
(18 pieces): **\$25**
- Fresh-made Zeppole Platter** ★
(24 pieces): **\$20**
- Warm Fudge Brownies**
(24 pieces): **\$48**
- Seasonal Fruit Platter**
Small: **\$45** | Large: **\$80**



★ House-made Specialty



CATERING MENU



1600 Hylan Boulevard
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bowlatrabs.com       @bowlatrabs

Prices do not include NYS Sales Tax, are subjected to up to 20% Gratuity, and are subject to change.

PIZZA ★



REGULAR PIE	\$18.00
w/ 1 Topping	\$20.00
<i>Mushrooms, Onions, Pepperoni, Peppers, Sausage, or Vegetable</i>	
w/ Chicken	\$27.00
SICILIAN PIE	\$30.00
w/ 1 Topping	\$32.00
<i>Mushrooms, Onions, Pepperoni, Peppers, Sausage, or Vegetable</i>	
w/ Chicken	\$38.00
GRANDMA PIE	\$28.00
WHITE PIE	\$23.00
BUFFALO CHICKEN KOREAN BBQ CHICKEN PIE	\$28.00
MARGHERITA VODKA SAUCE PIE	\$22.00
MARGHERITA VODKA SAUCE SPECIAL PAN PIE	\$28.00
WHITE BROCCOLI RABE, RICOTTA, FRESH GARLIC, & OLIVES SPECIAL PAN PIE	\$32.00
BURGER DELUXE SPECIAL PAN PIE	\$35.00
TACO SPECIAL PAN PIE	\$34.00
INDIVIDUAL GLUTEN FREE PIZZA PIE	\$10.00
w/ 1 Topping	\$12.00
<i>Mushrooms, Onions, Peppers, Sausage, or Vegetable</i>	
w/ Grilled Chicken	\$15.00
STUFFED PIZZA PIE BITES	
<i>Veggie Romano</i>	
24 pieces	\$30.00
48 pieces	\$50.00

PLATTERS

Tempura Battered Chicken Strips ★
Served with 3 sauce combo: House-made Buttermilk Dill Ranch,
Thai Sweet Chili, and House-made Korean BBQ
Small (25 pieces): \$50 | Large (50 pieces): \$90



Signature Wings ★
Choice of House-made sauces: "Not So" Buffalo · Carolina BBQ
Garlic Parmesan · Hot Honey Glazed · Korean BBQ · Mango Habanero
Old Bay Dry Rubbed · Original BBQ · Sweet Chili Glazed · Teriyaki
Small (30 pieces): \$45 | Large (60 pieces): \$85

PLATTERS

Grilled Chicken Southern Egg Rolls ★
Stuffed with Avocado and Pepper Jack Cheese served with
House-made Buttermilk Dill Ranch Sauce
Small (40 pieces): \$50 | Large (70 pieces): \$95



Garlic Knots ★
Small (30 pieces): \$35 | Large (60 pieces): \$60

Double Layer Chicken Quesadillas ★
Small (24 pieces): \$30 | Large (48 pieces): \$60

Jalapeño Poppers
Small (30 pieces): \$35 | Large (60 pieces): \$65

Onion Rings
Small: \$40 | Large: \$65

Chicken Fingers
Small (30 pieces): \$45 | Large (60 pieces): \$80

Slider Bar ★
20 piece minimum, \$2.25 each | Choice of one:
• Bacon and Beef topped with American Cheese and Plum Tomato
• Crispy Buffalo Chicken topped with Lettuce and Bleu Cheese Dressing
• BBQ Pulled Pork topped with Pepper Jack Cheese

Assorted Cheese & Cracker Platter
Small: \$40 | Large: \$75

Combo Platter
Chicken Fingers, Crispy Cheese Wedges,
& Signature Wings w/ Choice of one House-made sauce
(10 pieces each): \$50

Crispy Cheese Wedges ★
Served with House-made Marinara Dipping Sauce
and topped with Grated Parmesan
Small (25 pieces): \$40 | Large (50 pieces): \$70

Pretzel Bites
Served with House-made Cheddar Beer Cheese
Small (45 pieces): \$35 | Large (90 pieces): \$65

Fried Pickles
Served with House-made Buttermilk Dill Ranch Sauce
Small: \$50 | Large: \$90

Basket of Fresh Made Tortilla Chips ★
Served with Salsa \$25
Add House-made Cheese \$30
Add House-made Guacamole \$35
Add House-made Queso \$35

Vegetable Platter
Small: \$35 | Large: \$60

PLATTERS



Mac and Cheese Bites ★
Served with Thai Sweet Chili Dipping Sauce
Small (20 pieces): \$45 | Large (40 pieces): \$85

Caprese Platter
Fresh Mozzarella, Tomatoes, and House-made Roasted Peppers
Small: \$40 | Large: \$70



Empanadas ★
House-made empanadas stuffed with ground beef, pimento
olives, peppers, onions, fresh garlic, and mix seasonings fried
to perfection and served with sour cream
Small (25 pieces): \$65 | Large (50 pieces): \$120

French Fries
Classic or Sweet Potato
Small: \$30 | Large: \$50

SALADS

**Macaroni Salad, Potato
Salad, or Cole Slaw** **\$25**

Caesar | Mediterranean | Oriental Salads ★
Small: \$35 | Large: \$65
add Grilled Chicken | Chicken Cutlet
Small: \$60 | Large: \$90

Tossed Salad **Small: \$25 | Large: \$50**
add Grilled Chicken | Chicken Cutlet
Small: \$50 | Large: \$75

HEROES HOT & COLD

Small (3') **\$65** | Medium (4') **\$85** | Large (6') **\$125** • approx. 4-5 pieces per foot

AMERICAN STYLE
Ham, Swiss, Turkey, Roast Beef, American Cheese, Lettuce & Tomato

ITALIAN STYLE
Ham, Salami, Prosciutto, Provolone, Mozzarella, Pepperoni, Roasted Peppers,
Lettuce & Tomato

SPECIALTY
Chicken (Grilled or Cutlet) with Fresh Mozzarella & Roasted Peppers

HOT HEROES
Chicken Parmigiana • Eggplant Parmigiana

Includes choice of one salad:
Macaroni Salad, Potato Salad, Cole Slaw, or Tossed Salad

★ **House-made Specialty**

