

ASSORTED SANDWICH PLATTERS

Items may be prepared as a  Sandwich  Wrap or  Panini

-  • **THE VERRAZZANO**
Double Decker B.L.T. Served with Garlic Mayo
-  • **THE FERRYHAWK**
Oven Roasted Carved Turkey with Lettuce, Tomato, Avocado and Served with a Chipotle Mayo
-  • **ITALIAN ISLANDER**
Chicken (Grilled or Cutlet), Fresh Mozzarella & Roasted Peppers
-  • **HAIL, CAESAR!**
Chicken (Grilled or Cutlet), Romaine Lettuce, Parmesan Cheese, & House-made Caesar Dressing
-  • **NY DELI**
Cold Cut Sandwich – Turkey or Ham with Choice of Cheese Served with Lettuce and Tomato
-  • **VEGGIE**
Mixed Fresh Grilled Vegetables
-  • **TOTALLY TUNA**
Tuna Salad with Lettuce and Tomato

Includes choice of one salad:

Macaroni Salad, Potato Salad, Cole Slaw, or Tossed Salad

WRAPS: Small (36 pieces) | Large (48 pieces)
PANINIS & SANDWICHES: Small (18 pieces) | Large (24 pieces)
Small: \$50 • Large: \$90

HEROES HOT & COLD

Small (3') \$60 | Medium (4') \$80 | Large (6') \$120 • approx. 4-5 pieces per foot

AMERICAN STYLE

Ham, Swiss, Turkey, Roast Beef, American Cheese, Lettuce & Tomato

ITALIAN STYLE

Ham, Salami, Prosciutto, Provolone, Mozzarella, Pepperoni, Roasted Peppers, Lettuce & Tomato

SPECIALTY

Chicken (Grilled or Cutlet) with Fresh Mozzarella & Roasted Peppers

HOT HEROES

Chicken Parmigiana • Eggplant Parmigiana

Includes choice of one salad:

Macaroni Salad, Potato Salad, Cole Slaw, or Tossed Salad

BEVERAGES

We proudly serve the following Pepsi products:

Pepsi, Diet Pepsi, Brisk Raspberry Iced Tea, Ginger Ale, Hawaiian Punch, Orange Crush, Sierra Mist, Tropicana Lemonade, & Apple Juice



Pitcher \$8

Unlimited Soda \$30 per party, up to 20 adults | \$50 per party, 21+ adults*

SWEETS

Fresh Baked Chocolate Chip Cookies
(18 pieces): \$25

Seasonal Fruit Platter
Small: \$45 | Large: \$80

New York Cheesecake
\$40

Warm Fudge Brownies
(24 pieces): \$40

Prices do not include NYS Sales Tax, are subjected to up to 20% Gratuity, and are subject to change.



CATERING MENU



1600 Hylan Boulevard
Staten Island, NY • 10305
718-979-1600

bowlatrabs.com f t i s d @bowlatrabs

PIZZA

REGULAR PIE	\$17.00
w/ 1 Topping	\$19.00
<i>Mushrooms, Onions, Pepperoni, Peppers, Sausage, or Vegetable</i>	
w/ Chicken	\$25.00
SICILIAN PIE	\$24.00
w/ 1 Topping	\$26.00
<i>Mushrooms, Onions, Pepperoni, Peppers, Sausage, or Vegetable</i>	
w/ Chicken	\$30.00
GRANDMA PIE	\$27.00
WHITE PIE	\$20.00
BUFFALO CHICKEN KOREAN BBQ CHICKEN PIE	\$26.00
MARGHERITA VODKA SAUCE PIE	\$22.00
INDIVIDUAL GLUTEN FREE PIZZA PIE	\$10.00
w/ 1 Topping	\$12.00
<i>Mushrooms, Onions, Peppers, Sausage, or Vegetable</i>	
w/ Grilled Chicken	\$15.00

PLATTERS

Tempura Battered Chicken Strips ★

Served with 3 sauce combo: House-made Buttermilk Dill Ranch, Thai Sweet Chili, and House-made Korean BBQ
Small (25 pieces): \$45 | Large (50 pieces): \$85

Signature Wings ★

Choice of House-made sauces: "Not So" Buffalo, Korean BBQ, Teriyaki, Garlic Parmesan
Small (30 pieces): \$40 | Large (60 pieces): \$75

Pretzel Bites

Served with House-made Cheddar Beer Cheese
Small (45 pieces): \$30 | Large (90 pieces): \$60

Fried Pickles

Served with House-made Buttermilk Dill Ranch Sauce
Small: \$45 | Large: \$85

"Rings of Fire" Crispy Calamari

Tossed in a Citrus Spicy Red Sauce
Small: \$60 | Large: \$120

Onion Rings

Small: \$30 | Large: \$55

★ *House-made Specialty*

Crispy Cheese Wedges ★

Served with House-made Marinara Dipping Sauce and topped with Grated Parmesan
Small (25 pieces): \$35 | Large (50 pieces): \$65

Mac and Cheese Bites ★

Served with Thai Sweet Chili Dipping Sauce
Small (20 pieces): \$40 | Large (40 pieces): \$80

Grilled Chicken Southern Egg Rolls ★

Stuffed with Avocado and Pepper Jack Cheese served with House-made Buttermilk Dill Ranch Sauce
Small (32 pieces): \$45 | Large (64 pieces): \$90

Garlic Knots

Small (30 pieces): \$30 | Large (60 pieces): \$55

Double Layer Chicken Quesadillas

Small (24 pieces): \$30 | Large (48 pieces): \$60

Jalapeño Poppers

Small (30 pieces): \$30 | Large (60 pieces): \$60

Chicken Fingers

Small (30 pieces): \$40 | Large (60 pieces): \$75

PLATTERS

Proudly featuring Burgers from The Pat LaFrieda Meat Company

Slider Bar ★

Choice of One. 20 piece minimum, \$2.00 each

- Bacon and Beef topped with American Cheese and Plum Tomato
- Crispy Buffalo Chicken topped with Lettuce and Blue Cheese Dressing
- BBQ Pulled Pork topped with Pepper Jack Cheese

Assorted Cheese & Cracker Platter

Small: \$40 | Large: \$75

Combo Platter

Chicken Fingers, Crispy Cheese Wedges, & Signature Wings w/ Choice of one House-made sauce: "Not So" Buffalo, Korean BBQ, Teriyaki, or Garlic Parmesan
(10 pieces each): \$45

Basket of Fresh Made Tortilla Chips ★

Served with Salsa \$25

- Add House-made Cheese \$30**
- Add House-made Guacamole \$35**
- Add House-made Queso \$35**

Vegetable Platter

Small: \$30 | Large: \$55

Caprese Platter

Fresh Mozzarella, Tomatoes, and House-made Roasted Peppers
Small: \$35 | Large: \$65

French Fries

Classic or Sweet Potato
Small: \$25 | Large: \$45

SALADS

Macaroni Salad, Potato Salad, or Cole Slaw \$20

Caesar Salad | Mediterranean Salad

Small: \$30 | Large: \$60

add Grilled Chicken | Chicken Cutlet
Small: \$55 | Large: \$85

Tossed Salad Small: \$25 | Large: \$50

add Grilled Chicken | Chicken Cutlet
Small: \$50 | Large: \$75

ASSORTED SANDWICH PLATTERS

Items may be prepared as a  Sandwich  Wrap or  Panini



• THE MANHATTAN

Hot Pastrami on Rye with Melted Swiss Cheese and Sauerkraut and Rab's Special Sauce



• THE YANKEE

Oven Roasted Roast Beef with Melted Mozzarella and Topped with a Mushroom Marsala Sauce



• SOUTHERN Y'ALL

BBQ Pulled Pork Served on a Kaiser Roll with Bread & Butter Pickle Chips and Southern House-made Coleslaw



• THE SOUTHWESTERN

Southwestern Grilled Chicken Sandwich Topped with Avocado, Bacon, Pepper Jack Cheese, Pico de Gallo, and Chipotle Mayo



• THE BENNY

Boardwalk Sausage and Peppers Topped with Caramelized Onions and House-made Marinara Sauce



• THE KING FISHER

Korean BBQ Chicken Sandwich Topped with Coleslaw, Fresh Lime, Spicy Mayo, Cilantro and served with House-made Korean BBQ Sauce



• THE MIDLAND

Philly Cheese Steak served on Hero Bread with Provolone Cheese, Sautéed Onions, and Mushrooms



• THE FIRE BIRD

Buffalo Chicken Cheese Steak Served on a Hoagie Roll Topped with Sautéed Onions and Peppers with Blue Cheese Dressing

In order to maintain our high level of service and cleanliness for all of our guests, no outside food or beverages are permitted!



10 DAYS NOTICE is required for all Food Orders including orders from Kiddie Cakes & Cutest Cookies