

# 2022 SUMMER BOWLING LEAGUE SCHEDULE

SUMMER BOWLING LEAGUES WILL RUN 12-14 WEEKS  
STARTING AFTER MAY 30, 2022.



## MIXED LEAGUES

DAY	TIME	BOWLERS PER TEAM	LEAGUE NAME	BOWLERS WELCOME/DETAILS
Tuesday	7:00 PM	2	Summer Doubles	Team/Couples/Individuals
Tuesday	9:30 PM	4	Splitz Co-Ed	Pizza & Beer Every Week Perfect for Beginners
Wednesday	7:00 PM	4	Wednesday Summer Mixed	Team/Couples/Individuals
Thursday	8:00 PM	3	No-Tap Summer Fun	No Tap: Knock Down 9 Pins & Get a Strike!

## MEN'S LEAGUES

DAY	TIME	BOWLERS PER TEAM	LEAGUE NAME	BOWLERS WELCOME/DETAILS
Monday	7:00 PM	4	Monday Summer Men	Team/Individuals
Tuesday	8:00 PM	3	Tuesday Knights	Team/Individuals
Thursday	8:00 PM	3	Scratch Trio	Team/Individuals

## LADIES LEAGUES

DAY	TIME	BOWLERS PER TEAM	LEAGUE NAME	BOWLERS WELCOME/DETAILS
Tuesday	7:00 PM	4	Summer Girls	Team/Individuals

## LADIES DAYTIME LEAGUES

DAY	TIME	BOWLERS PER TEAM	LEAGUE NAME	BOWLERS WELCOME/DETAILS
Wednesday	10:00 AM	3	Summer Early Birds	Team/Individuals

## SENIOR LEAGUES

DAY	TIME	BOWLERS PER TEAM	LEAGUE NAME	BOWLERS WELCOME/DETAILS
Monday	10:00 AM	4	Golden Oldies	55 & Over • Couples/Individuals
Tuesday & Thursday	10:00 AM		Senior Men's Club	Come Down & Join Us!

## FAMILY LEAGUES

DAY	TIME	BOWLERS PER TEAM	LEAGUE NAME	BOWLERS WELCOME/DETAILS
Thursday	6:30 PM	4	Family Night Out	Friends+Family+Bowling = Thumbs Up!
Sunday	5:00 PM	2	Country Pro Shop Adult/Child	Everyone gets a Pro Shop Gift Card!

# I WOULD LIKE TO JOIN A BOWLING LEAGUE THIS SUMMER AT RAB'S!

By completing this form you are showing interest in joining a summer bowling league at Rab's Country Lanes. If you have any questions or concerns, please do not hesitate to contact: Nazareth Laursen, (718) 979-1600, [leagues@bowlatrabs.com](mailto:leagues@bowlatrabs.com)

**Complete this form or sign-up online, [bowlatrabs.com](http://bowlatrabs.com) today!**

Name  Average

Address

City  State  Zip

Phone #  Email

☐ I would like to join a team ☐ I have \_\_\_\_ # of people interested in joining ☐ I have a full team

I am available to bowl on the following day(s):

At the following times:

☐ Monday ☐ Friday  
☐ Tuesday ☐ Saturday  
☐ Wednesday ☐ Sunday  
☐ Thursday

☐ Morning (9:00 AM)  
☐ Afternoon (12:00 PM)  
☐ Early Evening (6:30 PM)  
☐ Late Evening (9:30 PM)

Type of League ☐ Men ☐ Women ☐ Mixed ☐ Family ☐ Beginner ☐ Youth

I am interested in a specific league:

The last time I bowled in a league:

☐ Never ☐ Last Season ☐ 2-5 Years ago ☐ 5+ Years ago

If you bowled in a league last season, what league(s) did you bowl in?

Teammates:

Name & #  Name & #

Name & #  Name & #