



# 2021 SUMMER BOWLING LEAGUE SCHEDULE

SUMMER BOWLING LEAGUES IN 2021  
WILL RUN 8/9 WEEKS FROM JULY TO AUGUST

## MIXED LEAGUES

DAY	TIME	BOWLERS PER TEAM	LEAGUE NAME	BOWLERS WELCOME/DETAILS
Tuesday	7:00 PM	2	<b>Summer Doubles</b>	Team/Couples/Individuals
Tuesday	9:30 PM	4	<b>Splitz Co-Ed</b>	Pizza & Beer Every Week Perfect for Beginners
Wednesday	7:00 PM	4	<b>Wednesday Summer Mixed</b>	Team/Couples/Individuals
Thursday	8:00 PM	3	<b>No-Tap Summer Fun</b>	No Tap: Knock Down 9 Pins & Get a Strike!

## MEN'S LEAGUES

DAY	TIME	BOWLERS PER TEAM	LEAGUE NAME	BOWLERS WELCOME/DETAILS
Monday	7:00 PM	4	<b>Monday Summer Men</b>	Team/Individuals
Tuesday	8:00 PM	3	<b>Tuesday Knights</b>	Team/Individuals
Thursday	8:00 PM	3	<b>Scratch Trio</b>	Team/Individuals

## LADIES LEAGUES

DAY	TIME	BOWLERS PER TEAM	LEAGUE NAME	BOWLERS WELCOME/DETAILS
Tuesday	7:00 PM	4	<b>Summer Girls</b>	Team/Individuals

## LADIES DAYTIME LEAGUES

DAY	TIME	BOWLERS PER TEAM	LEAGUE NAME	BOWLERS WELCOME/DETAILS
Wednesday	10:00 AM	3	<b>Summer Early Birds</b>	Team/Individuals

## SENIOR LEAGUES

DAY	TIME	BOWLERS PER TEAM	LEAGUE NAME	BOWLERS WELCOME/DETAILS
Monday	10:00 AM	4	<b>Golden Oldies</b>	55 & Over • Couples/Individuals
Tuesday & Thursday	10:00 AM		<b>Senior Men's Club</b>	Come Down & Join Us!

## FAMILY LEAGUES

DAY	TIME	BOWLERS PER TEAM	LEAGUE NAME	BOWLERS WELCOME/DETAILS
Thursday	6:30 PM	4	<b>Family Night Out</b>	Friends+Family+Bowling = Thumbs Up!
Sunday	5:00 PM	2	<b>Have-A-Ball Adult/Child</b>	Everyone gets a Bowling Ball!

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**SIGN-UP  
TODAY!**  
**bowlatrabs.com**

# I WOULD LIKE TO JOIN A BOWLING LEAGUE THIS SUMMER AT RAB'S!

By completing this form you are showing interest in joining a summer bowling league at Rab's Country Lanes. If you have any questions or concerns, please do not hesitate to contact: **Nazareth Laursen, (718) 979-1600, [leagues@bowlatrabs.com](mailto:leagues@bowlatrabs.com)**

**Complete this form or sign-up online, [bowlatrabs.com](http://bowlatrabs.com) today!**



Name  Average

Address

City  State  Zip

Phone #  Email

☐ I would like to join a team ☐ I have \_\_\_\_ # of people interested in joining ☐ I have a full team

**I am available to bowl on the following day(s):**

☐ Monday ☐ Friday  
☐ Tuesday ☐ Saturday  
☐ Wednesday ☐ Sunday  
☐ Thursday

**At the following times:**

☐ Morning (9:00 AM)  
☐ Afternoon (12:00 PM)  
☐ Early Evening (6:30 PM)  
☐ Late Evening (9:30 PM)

**Type of League** ☐ Men ☐ Women ☐ Mixed ☐ Family ☐ Beginner ☐ Youth

**I am interested in a specific league:**

**The last time I bowled in a league:**

☐ Never ☐ Last Season ☐ 2-5 Years ago ☐ 5+ Years ago

**If you bowled in a league last season, what league(s) did you bowl in?**

**Teammates:**

Name & #  Name & #

Name & #  Name & #