



2016-2017 FALL/WINTER BOWLING LEAGUE SCHEDULE

*All full-season Fall leagues start after
Sept. 5th and run through May for 36 weeks, unless noted*

MIXED LEAGUES

DAY	TIME	LEAGUE NAME	BOWLERS PER TEAM	SEEKING
Wednesday	6:45pm	MisMates	5	Teams/ Couples/ Individuals
Thursday	6:30pm	Transplant Support Org. of S.I. Mixed	5	Teams/ Couples/ Individuals
Thursday	9:30pm	SCARAN Thursday Night Mixed	4	Teams/ Couples/ Individuals
Friday	6:45pm	Friday Mixed Quartets	4	Teams/ Couples/ Individuals
Friday	7:00pm	SMP Automotive Friday Bowlers	4	Teams/ Couples/ Individuals
Saturday	6:00pm	Fil-Am Bowling League	4	Philippine- American SI Family League
Sunday	7:00pm	Michael Carbonaro Memorial Mixed	4	Teams/ Couples/ Individuals

VACATION LEAGUES

Everyone gets a vacation at the end of the season!

DAY	TIME	LEAGUE NAME	BOWLERS PER TEAM	SEEKING
Saturday	6:00pm	Rab's Get-A-Way League	4	Teams/ Couples/ Individuals

ONCE-A-MONTH MIXED LEAGUES

Join in on the fun with less commitment!

DAY	TIME	LEAGUE NAME	BOWLERS PER TEAM	SEEKING
Monday	9:30pm	Boy's Nite Out (9 Weeks)	4	Open to All NYC Firefighters
Saturday	9:15pm	Saturday Nite Out (10 Weeks)	4	Teams/ Couples/ Individuals
Saturday	9:15pm	Soave Bollas (13 Weeks)	4	Teams/ Couples/ Individuals

SENIOR LEAGUES

DAY	TIME	LEAGUE NAME	DETAILS
Monday	10:00am	Golden Oldies	55 & Over - Teams/ Couples/ Individuals
Tuesday & Thursday	9:30am	Rab's Senior Men's Club	Come Down & Join Us!

1600 Hylan Boulevard
Staten Island, NY 10305
718-979-1600

SIGN-UP ONLINE
www.bowlatrabs.com

f t i s
@bowlatrabs

LADIES EVENING LEAGUES

Ladies.... Put together a group to come and bowl any day! - PTA / FRIENDS / FUN!

DAY	TIME	LEAGUE NAME	BOWLERS PER TEAM	SEEKING
Monday	6:45pm	Gennaro's Ladies Classic	3	Teams/ Individuals
Monday	6:35pm	Colonial Funeral Home Ladies	5	Teams/ Individuals
Tuesday	6:45pm	Rab's Girls	4	Teams/ Individuals

LADIES DAYTIME LEAGUES

A great way to get out of the house!

DAY	TIME	LEAGUE NAME	BOWLERS PER TEAM	SEEKING
Monday	9:30am	Manic Monday Ladies	3	Teams/ Individuals
Tuesday	9:30am	Tuesday Early Birds Special	3	Teams/ Individuals
Wednesday	9:30am	Wednesday Morning Fun League	3	Teams/ Individuals
Wednesday	9:30am	Early Birds	3	Teams/ Individuals
Wednesday	10:00am	Holy Rollers	3	Teams/ Individuals
Thursday	9:30am	Pinsetter Madames	3	Teams/ Individuals
Thursday	11:50am	Thursday Afternoon Ladies	3	Teams/ Individuals
Thursday	12:20pm	Stars & Stripes	3	Teams/ Individuals
Friday	9:30am	Our Lady Star of the Sea	3	Teams/ Individuals
Friday	9:50am	Friday Morning Breakfast	3	Teams/ Individuals

MEN'S LEAGUES

DAY	TIME	LEAGUE NAME	BOWLERS PER TEAM	SEEKING
Monday	8:30pm	Holy Spirit	4	Teams/ Individuals
Tuesday	6:45pm	Rab Wilkinson Memorial League	5	Teams/ Individuals
Tuesday	6:45pm	Fix- A- Dent Automotive Men's League	5	Teams/ Individuals
Tuesday	9:30pm	Mike Massarolli Memorial Triples	3	Teams/ Individuals
Wednesday	6:45pm	All Pro Electric Men	5	Teams/ Individuals
Wednesday	9:30pm	Rab's Scratch Draft Classic (Ladies Welcome)	3	Bowlers are drafted onto teams!
Thursday	6:45pm	R.C. American Legion / McGuire Men's League	5	Teams/ Individuals
Friday	6:50pm	Joe Brezinski Men's League	4	Teams/ Individuals

Join the excitement today!

Complete the application on the back or complete your application on the web at www.bowlatrabs.com!



FAMILY LEAGUES

Bowling - A great activity for you and your family!

DAY	TIME	LEAGUE NAME	BOWLERS PER TEAM	DETAILS
Sunday	9:30am	Rab's Family Fun League	4	All families welcome!

FUN ADULT MIXED BOWLING CLUBS

Beginner's welcome! Only 10 Weeks!

DAY	TIME	LEAGUE NAME	BOWLERS PER TEAM	DETAILS
Tuesday	9:30pm	Splitz	4	Pizza Pie & Pitcher of Beer/Soda for each team weekly!
Sunday	4:30pm	Mediocre Bowling Association		Join at thembastinks.com
3rd Fri of Every Mo.	7:30pm	Pride Bowling Night, presented by the Pride Center of S.I.		Everyone welcome!

YOUTH LEAGUES

DAY	TIME	LEAGUE NAME	DETAILS
Tuesday	4:00pm	Rab's High 5 Roller's Starts December 6th	Ongoing Registration
Wednesday	4:00pm	Rab's Have-A-Ball Club Fall Program: Starts November 16th / Winter Program Starts February 8th	Everyone gets a bowling ball! Ongoing Registration
Wednesday	4:00pm	Rab's USA Bowling 101 Fall Program: Starts November 16th / Winter Program Starts February 8th	Ongoing Registration
Wednesday	4:00pm	Rab's USA Bowling Program Fall Program: Starts November 16th / Winter Program Starts February 8th	Ongoing Registration
Friday	4:00 pm	Country Pro Shop Juniors Starts September 16th	Open Registration Aug 29 Thru Sept 9 • 9am to 6pm
Saturday	10:00am	NEXGEN Junior Bowlers Starts September 17th	Open Registration Sept 10 • 9am to 12pm
Saturday	12:30pm	Rab's Saturday Juniors Starts October 1st	Ongoing Registration



**LEAGUE BOWLERS
GET REWARDED**

EARN 15% CASH BACK

Rewards on all open bowling purchases

GET YOUR CARD AT THE FRONT DESK TODAY!

Get your child into one of the Country's
Largest Youth Bowling Programs...

See separate youth league flyer for additional info and program offerings!