



# Fall / Winter

2017-2018

## Bowling League Schedule

All Full Season Fall leagues start after September 4th and run through May for 36 weeks, unless noted

GET IN THE

GAME

FOR A LIFETIME

OF MEMORIES

**WHY?**  
Camaraderie, Fun, Fitness, Relaxation, and Perks!

### Mixed Leagues

DAY	TIME	LEAGUE NAME	BOWLERS PER TEAM	SEEKING
Wednesday	6:45pm	MisMates	5	Teams/ Couples/ Individuals
Thursday	6:30pm	Transplant Support Org. of S.I. Mixed	5	Teams/ Couples/ Individuals
Thursday	9:30pm	SCARAN Thursday Night Mixed	4	Teams/ Couples/ Individuals
Friday	6:45pm	Friday Mixed Quartets	4	Teams/ Couples/ Individuals
Friday	7:00pm	SMP Automotive Friday Bowlers	4	Teams/ Couples/ Individuals
Saturday	6:00pm	Fil-Am Bowling League	4	Philippine- American SI Family League
Sunday	7:00pm	Michael Carbonaro Memorial Mixed	4	Teams/ Couples/ Individuals

### Vacation Leagues Everyone gets a vacation at the end of the season!

DAY	TIME	LEAGUE NAME	BOWLERS PER TEAM	SEEKING
Saturday	6:00pm	Rab's Vacation League powered by Millennium Travel	4	Teams/ Couples/ Individuals

### Once A Month Mixed Leagues

DAY	TIME	LEAGUE NAME	BOWLERS PER TEAM	SEEKING
Monday	9:30pm	Boy's Nite Out (9 Weeks)	4	Open to All NYC Firefighters
Saturday	9:15pm	Saturday Nite Out (10 Weeks)	4	Teams/ Couples/ Individuals
Saturday	9:15pm	Soave Bollas (13 Weeks)	4	Teams/ Couples/ Individuals
Sunday	4:30pm	Mediocre Bowling Association		Join at <a href="http://thembastinks.com">thembastinks.com</a>

### Senior Leagues

DAY	TIME	LEAGUE NAME	DETAILS
Monday	10:00am	Golden Oldies	55 & Over - Teams/ Couples/ Individuals
Tuesday & Thursday	9:30am	Rab's Senior Men's Club	Come Down & Join Us!



1600 Hylan Boulevard  
Staten Island, NY 10305  
718-979-1600

SIGN-UP ONLINE  
[www.bowlatrabs.com](http://www.bowlatrabs.com)





## Ladies Evening Leagues

DAY	TIME	LEAGUE NAME	BOWLERS PER TEAM	SEEKING
Monday	6:45pm	Gennaro's Ladies Classic	3	Teams/ Individuals
Monday	6:35pm	Colonial Funeral Home Ladies	5	Teams/ Individuals
Tuesday	6:45pm	Rab's Girls	4	Teams/ Individuals

## Ladies Daytime Leagues

DAY	TIME	LEAGUE NAME	BOWLERS PER TEAM	SEEKING
Monday	9:30am	Manic Monday Ladies	3	Teams/ Individuals
Tuesday	9:30am	Tuesday Early Birds Special	3	Teams/ Individuals
Wednesday	9:30am	Wednesday Morning Fun League	3	Teams/ Individuals
Wednesday	9:30am	Early Birds	3	Teams/ Individuals
Thursday	9:30am	Pinsetter Madames	3	Teams/ Individuals
Thursday	11:50am	Thursday Afternoon Ladies	3	Teams/ Individuals
Friday	9:30am	Our Lady Star of the Sea	3	Teams/ Individuals
Friday	9:50am	Friday Morning Breakfast	3	Teams/ Individuals

## Men's Leagues

DAY	TIME	LEAGUE NAME	BOWLERS PER TEAM	SEEKING
Monday	8:30pm	Holy Spirit	4	Teams/ Individuals
Tuesday	6:45pm	Rab Wilkinson Memorial League	5	Teams/ Individuals
Tuesday	6:45pm	Fix- A- Dent Automotive Men's League	5	Teams/ Individuals
Tuesday	9:30pm	Mike Massarolli Memorial Triples	3	Teams/ Individuals
Wednesday	6:45pm	All Pro Electric Men	5	Teams/ Individuals
Wednesday	9:30pm	Rab's Scratch Draft Classic (Ladies Welcome)	3	Bowlers are drafted onto teams!
Thursday	6:45pm	R.C. American Legion / McGuire Men's League	5	Teams/ Individuals

**START YOUR OWN BOWLING LEAGUE**

*Get a group of friends or family together to come and bowl any day!*

*Join the excitement today!*

Complete the application on the back or complete your application on the web at [www.bowlatrabs.com](http://www.bowlatrabs.com)!





## Family Leagues

DAY	TIME	LEAGUE NAME	BOWLERS PER TEAM	DETAILS
Sunday	9:30am	Rab's Family Fun League	4	All families welcome!

## Beginners Mixed Bowling Leagues

DAY	TIME	LEAGUE NAME	BOWLERS PER TEAM	DETAILS
Tuesday	9:30pm	Splitz	4	Pizza Pie & Pitcher of Beer/Soda for each team weekly!

## Youth Leagues

DAY	TIME	LEAGUE NAME	DETAILS
Tuesday	4:00pm	Rab's High 5 Roller's Starts December 6th	Ongoing Registration
Wednesday	4:00pm	Rab's Have-A-Ball Club Fall Program: Starts November 15th / Winter Program Starts February 6th	Everyone gets a bowling ball! Ongoing Registration
Wednesday	4:00pm	Rab's USA Bowling 101 Fall Program: Starts November 15th / Winter Program Starts February 6th	Ongoing Registration
Wednesday	4:00pm	Rab's USA Bowling Program Fall Program: Starts November 15th / Winter Program Starts February 6th	Ongoing Registration
Friday	4:00 pm	Country Pro Shop Juniors Starts September 15th	Open Registration Aug 29 Thru Sept 9 • 9am to 6pm
Saturday	10:00am	NEXGEN Junior Bowlers Starts September 16th	Open Registration Sept 9 • 9am to 12pm
Saturday	12:30pm	Rab's Saturday Juniors Starts October 7th	Ongoing Registration



**GET YOUR CHILD INTO ONE OF THE COUNTRY'S LARGEST YOUTH BOWLING PROGRAMS**



See separate youth league flyer for additional info and program offerings!

**LEAGUE BOWLERS GET REWARDED**

**EARN 15% CASH BACK**  
Rewards on all open bowling purchases

GET YOUR CARD AT THE FRONT DESK TODAY!





# *Would Like to Join a Bowling League at Rab's!*

## FALL & WINTER LEAGUE INTEREST FORM

By completing this form you are showing interest in joining a Fall/Winter bowling league at Rab's Country Lanes. If you have any questions or concerns, please do not hesitate to contact:  
Nazareth Laursen, (718) 979-1600, leagues@bowlatrabs.com

### Contact Information

Name  Average

Address

City  State

Zip  Phone#

E-Mail Address

I would like to join a team  I have \_\_\_\_\_ (#) people interested in joining  I have a full team

### ***I am available to bowl on the following day(s):***

Check as many that may apply

Monday  Tuesday  
 Wednesday  Thursday  
 Friday  Saturday  
 Sunday

### ***at the following times:***

Morning (9:00am)  
 Afternoon (12:00pm)  
 Early Evening (6:30pm)  
 Late Evening (9:30pm)

Type of league:  Men  Women  Mixed  Family  Beginner  Youth

I am interested in a specific league:

The last time I bowled in a league:

Never  Last Season  2 to 5 years ago  5+ Years ago

If you bowled in a league at season what league(s) did you bowl in?

### ***Team Mates:***

Name & Phone

Name & Phone

Name & Phone

Name & Phone